

Nappy Changing and Personal Care Policy

At The Oaks Nursery no child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We make necessary adjustments to our bathroom provision and hygiene practice in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

Procedures

- Young children from two years should wear 'pull-ups' or other types of trainer pants as soon as they are comfortable with this and their parents agree
- Key persons undertake changing young children in their key groups; buddy key persons change them if the key person is absent
- Young children are always changed within sight or hearing of other staff whilst maintaining their dignity and privacy at all times.
- Changing areas are warm and they are safe areas to lay children if they need to have their bottoms cleaned.
- Each child has their own bag to hand with their nappies or 'pull-ups' and changing wipes
- Gloves and aprons are put on before changing starts and the areas are prepared.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children
- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- Key persons are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'
- Key persons do not make any inappropriate comments about young children's genitals when changing their nappies.
- Children are encouraged to wash their hands after nappy changing.

- Nappies and 'Pull ups' are disposed of hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy/pull up is double bagged and disposed in the pedal operated hands free bin which is situated in the staff toilet and emptied twice daily.
- The changing mat is cleaned using anti-bacterial spray
- Older children use the toilet when needed and are encouraged to be independent.
- Members of staff do not wipe older children's bottoms unless there is a need or unless the child / parent has asked.
- Parents are encouraged to provide enough changes of clothes for 'accidents; when children are potty training.
- Spare clothes are kept in the setting.
- NB if young children are left in wet or soiled nappies/ pull-ups in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.

This policy was amended by The Oaks Nursery on _____

Signed on behalf of The Nursery _____